

"My child fights each time we brush teeth, wash hair or have hair cuts. She does not like to get her hands messy and clothing labels bother her. She avoids climbing on outdoor equipment and is unusually sensitive to unexpected sounds in her environment. It seems difficult for her to focus her attention when she is in a noisy or busy environment. Shopping malls are a nightmare."

"I have noticed my son of 5 avoids drawing and other creative activities such as cutting and pasting tasks. He has a small table at home, with all the tools available, but shows no spontaneous interest in using these. If he is encouraged to draw a picture he tends to scribble and seems awkward when holding and manipulating the pencil."

"My son is easily dysregulated. His behavior escalates from zero to a hundred in a short space of time and he finds it very difficult to calm himself down again. It seems when he is anxious, his behaviors are worse and the reasons for these are not always clearly understood. He often gets into trouble at home and at school and this is affecting his self confidence and ability to engage with his peers as well as making it difficult for him to learn at school".

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If your child experiences any of the above, it would be worthwhile contacting Step Ahead Occupational Therapy Services.

An assessment may identify developmental areas requiring attention to assist your child in developing basic foundation skills and to improve daily functional participation.



Step Ahead Occupational Therapy Services

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Medicare, NDIS, Helping Children with Autism and Better Start Provider

Our Practice is wheelchair accessible!

CORENE WAINSTEIN
B.Sc (OT)

Occupational Therapist



OCCUPATIONAL THERAPY SERVICES

Occupational Therapy
Services for infants,
children and adolescents

Step Ahead Occupational Therapy

Step Ahead Occupational Therapy is a well established private paediatric Occupational Therapy practice based in the Perth Suburb of Nedlands.

Step Ahead Occupational Therapy has provided professional services for over 15 years in the local area, surrounding areas and to clients and families in rural areas of WA, through Perth based support.



Step Ahead Occupational Therapy Services' endeavours to 'make a difference' and to empower families, children and young adults to gain confidence in their own abilities, to experience success and to learn the tools they require to participate to the best of their ability, in their daily life.



SCHOOL & COMMUNITY SERVICES

We strive to liaise and to work closely with other Professionals (Speech Pathologists, Physiotherapists, Psychologists, Teachers and Medical Staff) as well as therapists from other organisations as required to provide a holistic approach to intervention.

Our staff are highly experienced and aim to support individuals in their home, school and community environments by providing caring, high quality, individualized therapy services.



CLINIC BASED SERVICES

The majority of the clinic based intervention services we provide are for clients from 0-13 years or older clients with Neurological Impairment such as longer term Acquired Brain Injury.

1. Comprehensive assessments and screening assessments
2. Individual or small group based intervention services.
3. Collaborative goal setting with parent's/ carers and children

Intervention services to address the following:

- ★ Autism Spectrum Disorders
- ★ Cerebral Palsy (Post Botox Intervention Services to improve bilateral upper limb function)
- ★ Developmental Delay
- ★ Play and Social Skill Development
- ★ Underlying Sensory Processing Issues and Sensory based behaviors
- ★ To develop Self Esteem and foster success
- ★ Fine Motor Coordination (including Handwriting Skills)
- ★ Gross Motor Coordination (postural control and bilateral integration)
- ★ Motor planning (praxis) and Organization Skills
- ★ Visual Perceptual Skills related to learning
- ★ To facilitate independence with daily functional skills such as dressing, toileting and sleeping